

The Role of Oxidative-Antioxidative Stress and Uromodulin Indicators and Polymorphism of Its Genes in the Development of Cardiorenal Syndrome

Khalilova Feruza Abdujalolovna

Associate Professor, Department of Propaedeutics of Internal Diseases, Bukhara State, Medical Institute, PhD

Received: 2024, 15, Apr

Accepted: 2025, 21, May

Published: 2025, 12, Jun

Copyright © 2025 by author(s) and BioScience Academic Publishing. This work is licensed under the Creative Commons Attribution International License (CC BY 4.0).



Open Access

<http://creativecommons.org/licenses/by/4.0/>

Annotation: Cardiorenal syndrome (CRS) associated with chronic heart failure (CHF) is characterized by simultaneous impairment of cardiac and renal function, leading to increased complications and decreased quality of life in patients. Oxidative stress is an imbalance in the antioxidant system, associated with inflammatory processes, including malondialdehyde (MDA), superoxide dismutase (SOD), and α -tumor necrosis factor (α -TNF), which aggravates the course of CRS. In particular, the effect of uromodulin indicators and polymorphism of its genes on these processes is one of the important areas that are not well covered from a scientific and practical point of view.

Uromodulin (Tamm-Horsfall protein) is an important glycoprotein in the kidney, and its secretion and genetic characteristics can directly affect kidney function, inflammation, and oxidative stress processes. Therefore, the study of uromodulin indicators and its gene polymorphisms in the development of CRS is undoubtedly important for the diagnosis of CRS, individualization of treatment and improvement of nutritional status.

Keywords: uromodulin, cardiorenal syndrome, malondialdehyde (MDA), superoxide

dismutase (SOD), α -tumor necrosis factor (α -O'NO).

The process of ischemia/reperfusion in the kidney triggers a systemic inflammatory cascade, which leads to increased synthesis of inflammatory cytokines such as interleukin-6 (IL-6) and tumor necrosis factor- α (TNF- α), further aggravating kidney damage. Inflammatory factors are associated with heart failure and contribute to cardiac hypertrophy through multiple pathways, including activation of nuclear factor kappa β (NF- $\kappa\beta$). In addition to inflammation, an imbalance between antioxidants and oxidants is observed in both organs, the heart and the kidney, after ischemia/reperfusion. This imbalance in favor of oxidants leads to the accumulation of certain reactive oxygen species (ROS), which can lead to cell damage.

This process is called oxidative stress and plays an important role in a number of cellular signaling pathways that damage proteins, lipids, and DNA, ultimately leading to cell apoptosis. A number of enzymes function to prevent the accumulation of PFAS and/or to attenuate the effects of PFAS. Enzymes such as catalase and superoxide dismutase (SOD) lead to the dismutation of superoxide anion (O_2^-) and the subsequent decomposition of hydrogen peroxide (H_2O_2) and hydroperoxides into water, alcohol, and oxygen. SOD has been found to play an important role in the regulation and protection of kidney damage and blood flow. On the other hand, several CSF production mechanisms that are required at basal level act as antioxidant balance. For example, O_2^- is catalyzed by the enzyme nicotinamide adenine dinucleotide phosphate (NADPH) oxidase (NOX) and can react with nitric oxide (NO) at nearly diffusion rates to form peroxynitrite ($ONOO^-$). This suggests that ischemia/reperfusion injury affects several aspects of the kidney. The consequences of damage by CSF at various levels in the body are directly related to many pathologies, demonstrating the biological importance of redox regulation. It is known that the pathogenesis of kidney damage may be associated with tissue NO deficiency. NO, produced by the constitutive isoform of NO synthase (NOS), performs a number of protective functions.

However, NO produced by inducible NOS (iNOS) is detrimental during ischemia/reperfusion. Therefore, in the kidney, a decrease in the amount of NO produced by endothelial NOS (eNOS) and a subsequent increase in the amount produced by iNOS are associated with inflammation and vasoconstriction during the early stages of reperfusion. As observed in this study, the modulation can occur at different times of reperfusion, increasing hours after ischemia in response to injury and increasing again several weeks later in response to increased inflammatory cytokines and organ atrophy at day 8. Once formed, NO can be converted mainly to NO_2^- , nitrate (NO_3^-), and S-nitrosothiol (RSNO), which act as both oxidizing and antioxidant agents. Several studies have demonstrated the role of NO_2^- as a potent mediator of cytoprotection in ischemia/reperfusion models by inhibiting mitochondrial complex I activity and reducing mitochondrial CPP formation after ischemia. During ischemia is limited by a decrease in NOS synthesis, NO_2^- is likely to be the main source of non-NOS-dependent NO production in the organ. Given this, Wellington Caio-Silva and coauthors expected that the bioavailability of NO in the kidney would decrease in a model of depletion of the reserve. It is possible that the observed modulation of renal NO_2^- and RSNO may be related to an increase in NOS activity before the analyzed times.

Summary:

Nephroprotection in patients with CJD requires a multi-step and cellular approach. Uromodulin early biomarkers allow for the early detection of CJD. Current evidence suggests that when these advances are put into practice, the rate of hCFT growth slows in patients and hospital admissions are reduced by 20–35%. At the same time, advances in genomics and proteomics are expected to soon bring new targets (e.g., NOX-4 inhibitors) to patients.

References:

1. Heerspink HJL, Stefánsson BV, Correa-Rotter R, et al. Dapagliflozin in patients with chronic kidney disease. *N Engl J Med*. 2020;383:1436-1446. PMC
2. Herrington WG, Staplin N, Wanner C, et al. Empagliflozin in patients with chronic kidney disease (EMPA-KIDNEY). *N Engl J Med*. 2023;388:2088-2100.
3. McMurray JJV, Solomon SD, Inzucchi SE, et al. Dapagliflozin in heart failure with reduced ejection fraction (DAPA-HF). *N Engl J Med*. 2019;381:1995-2008.
4. Packer M, Anker SD, Butler J, et al. Cardiovascular and renal outcomes with empagliflozin in heart failure (EMPEROR-Reduced). *N Engl J Med*. 2020;383:1413-1424.
5. Anker SD, Butler J, Filippatos G, et al. Empagliflozin in heart failure with preserved ejection fraction (EMPEROR-Preserved). *N Engl J Med*. 2021;385:1451-1461.
6. McMurray JJV, Packer M, Desai AS, et al. Angiotensin–neprilysin inhibition versus enalapril in heart failure (PARADIGM-HF). *N Engl J Med*. 2014;371:993-1004.
7. Filippatos G, Fonseca S, Fernandez A, et al. Sacubitril/valsartan in chronic kidney disease: current evidence and future directions. *Kidney Int Rep*. 2023;8:1440-1453.
8. Kidney Disease: Improving Global Outcomes (KDIGO) CKD Work Group. KDIGO 2023 clinical practice guideline for the evaluation and management of chronic kidney disease. *Kidney Int*. 2023;103(Suppl 1):S1-S127.
9. McDonagh TA, Metra M, Adamo M, et al. 2023 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure. *Eur Heart J*. 2023;44:3625-3726.
10. Maffia P, Di Gioia G, Benvenga RM, et al. Serum uromodulin and cardiovascular outcomes in heart failure: a prospective cohort study. *Int J Cardiol*. 2022;364:31-38. ScienceDirect
11. Leiherer A, Muendlein A, Saely CH. Serum uromodulin as a novel biomarker of kidney function and cardiovascular risk. *Curr Opin Nephrol Hypertens*. 2023;32:71-77. SpringerLink
12. Bylsma LC, Morimoto RY, Shaikh A, et al. Cystatin-C and outcomes in heart failure: systematic review and meta-analysis. *ESC Heart Fail*. 2022;9:2683-2694. Онлайн JCF
13. Shlipak MG, Sarnak MJ, Katz R, et al. Cystatin C and the risk of heart failure. *N Engl J Med*. 2005;352:2049-2060.
14. Giam B, Kaye DM, Rajapakse NW. Renal oxidative stress in the pathogenesis of the cardiorenal syndrome. *Heart Lung Circ*. 2016;25:874-880. SpringerLink
15. Caio-Silva W, da Silva DD, Junho CVC, et al. Oxidative stress in renal ischemia/reperfusion-induced cardiorenal syndrome type 3. *Biomed Res Int*. 2020;2020:1605358. SpringerLink
16. Hamilton CA, Miller WH, Al-Benna S, et al. Strategies to reduce oxidative stress in cardiovascular disease. *Clin Sci*. 2004;106:219-234. SpringerLink
17. Jha JC, Banal C, Chow BSM, et al. Diabetes and kidney disease: role of oxidative stress. *Antioxid Redox Signal*. 2016;25:657-684. SpringerLink
18. Li F, Patel B, Rockman HA, et al. NOX4 inhibition attenuates cardiorenal syndrome via reduction of reactive oxygen species. *Antioxidants (Basel)*. 2024;13:1454. MDPI
19. Trentin-Sonoda M, Panico K, Junho CVC, et al. Cardiorenal syndrome: long road between kidney and heart. *Heart Fail Rev*. 2022;27:2137-2153. SpringerLink
20. Dunlay SM, Givertz MM, Aguilar D, et al. Type 2 sodium-glucose cotransporter inhibitors for heart failure across the spectrum of ejection fraction. *Circulation*. 2023;147:701-711.

21. Vaduganathan M, Claggett BL, Jhund PS, et al. Dapagliflozin across the range of eGFR in heart failure (DAPA-HF). *Circulation*. 2021;143:298-309.
22. Lüscher TF, Wanner C. SGLT2 inhibitors and kidney protection in heart failure and diabetes. *Eur Heart J*. 2022;43:3346-3349.
23. Damman K, Jhund PS, Anand I, et al. Sacubitril/valsartan and renal outcomes in heart failure: pooled analysis of PARADIGM-HF and PARAGON-HF. *Lancet*. 2020;396:1651-1663.
24. Joy MS, Coffey KD, Gipson DS, et al. Emerging biomarkers of kidney injury in chronic heart failure. *Kidney Int Rep*. 2021;6:1561-1574.
25. Metra M, Lüscher TF, Voors AA. The kidney-cardiac continuum: integrating biomarkers and novel therapies. *Nat Rev Cardiol*. 2024;21:75-96.
26. Khalilova, F. A. (2022). Diagnostik Role of Marker of Cystatin C in Patient with Heart Failure. *Central Asian Journal of Medical and Natural Science*, 3(4), 195-198. (Тўлиқ библиографик рўйхат муаллифга тақдим этилиши даврида кенгайтирилиши мумкин.)
27. Халилова, Ф. А. (2023). КОМОРБИДНОЕ ИЗМЕНЕНИЯ ПОЧЕК И СЕРДЦА У БОЛЬНЫХ ХРОНИЧЕСКОЙ СЕРДЕЧНОЙ НЕДОСТАТОЧНОСТЬЮ. TA'LIM VA RIVOJLANISH TAHLILI ONLAYN ILMIY JURNALI, 3(5), 524-529.
28. Халилова, Ф. А. (2023). ЧАСТО ВСТРЕЧАЮЩИЕСЯ ФИБРОЗНЫЕ ИЗМЕНЕНИЯ В ПОЧКАХ У БОЛЬНЫХ ХРОНИЧЕСКОЙ СЕРДЕЧНОЙ НЕДОСТАТОЧНОСТЬЮ И ПРОГНОЗ ЗАБОЛЕВАНИЯ. TA'LIM VA RIVOJLANISH TAHLILI ONLAYN ILMIY JURNALI, 3(5), 530-535.
29. Khalilova, F. A. (2023). ASSESSMENT OF INTRACARDIAC HEMODYNAMICS TYPES OF CHRONIC HEART FAILURE ACCOMPANIED BY ANEMIA. *Miasto Przyszłości*, 35, 342-348.
30. Khalilova, F. A. (2022). KIDNEY DYSFUNCTION IN VARIOUS FUNCTIONAL CLASSES OF CHRONIC HEART FAILURE. *EUROPEAN JOURNAL OF MODERN MEDICINE AND PRACTICE*, 2(9), 10-15.
31. Xalilova, F. A., & Kodirov, M. D. (2021). Assessment of the balance of intra-cardiac hemodynamics and glomerular filtration in anemia with different hemodynamic types of chronic heart failure. *ACADEMICIA: An International Multidisciplinary Research Journal*, 11(4), 1560-1573.
32. Gadaev A.G., Xalilova F.A., Elmuradov F.X., Tosheva X.B. Structural and functional changes in the kidneys and heart in patients with XSN. *Therapy Bulletin of Uzbekistan*. 2018. -1 - S. 100-104.
33. K.F. Abdusalolovna. Assessment of Intracardiac Hemodynamics and Electrolyte Balance in Various Hemodynamic Types of Chronic Heart Failure Accompanied By Anemia // *European Multidisciplinary Journal of Modern Science* 7,63-71, 2022
34. Khalilova F. A. et al. COMORBIDE CASES IN CARDIORENAL SYNDROME AND ITS IMPACT ON PATIENTS'QUALITY OF LIFE //EDITOR COORDINATOR. – 2020. – С. 741.
35. Aslonova I. J. et al. The prevalence of chronic pyelonephritis in women with disturbed tolerance for glucose // *Asian Journal of Multidimensional Research (AJMR)*. – 2019. – Т. 8. – №. 11. – С. 81-85.
36. Khotamova, R. S. (2022). Monitoring of Kidney Fibrosis Changes in Patients with Chronic Heart Failure. *Central Asian Journal of Medical and Natural Science*, 3(4), 199-204.

37. Bekmurodovna, T. K., & Chorievich, Z. A. (2021). Study of frequency indicators of comorbid states at different functional classes of heart failure. *ACADEMICIA: An International Multidisciplinary Research Journal*, 11(3), 2556-2560.
38. Тошева, Х., & Кайимова, Д. И. (2017). Метаболик синдромнинг ривожланишида ирсиятнинг ахамияти. *Биология и интегративная медицина*, 1, 132.
39. Ашурова, Н. Г. (2022). Значение Немедикаментозной Коррекции Нарушений Углеводного Обмена. *Central Asian Journal of Medical and Natural Science*, 3(5), 10-22.
40. Джураева, Н. О. (2022). Оценка Кардиореспираторных Показателей На Основе Комплексное Лечение Хронической Обструктивной Болезни Легких Заболевание С Легочной Гипертензией. *Central Asian Journal of Medical and Natural Science*, 3(5), 23-30.
41. Khalilova, F., Tosheva, K., Gadaev, A., Erkinova, N., & Djuraeva, N. (2020). COMORBIDE CASES IN CARDIORENAL SYNDROME AND ITS IMPACT ON PATIENTS'QUALITY OF LIFE. *InterConf*.
42. Тошева, Х., Хазратов, У., & Нарзиев, Ш. (2020). РОЛИ ДИСФУНКЦИИ ПОЧЕК В РАЗВИТИИ Коморбидности У Больных С Хронической Сердечной недостаточностью. *Журнал вестник врача*, 1(3), 93-96.
43. Гафуровна А.Н. (2022). Симуляционное обучение как метод современных технологий в медицинской практике студентов медицинских вузов. *Среднеевропейский научный бюллетень*, 24, 276-280